

LOROS

Hospice Care for Leicestershire & Rutland

LOROS, the Leicestershire and Rutland Hospice, is a charity whose aim is to enhance the quality of life of patients whose curative treatment is no longer possible. It is a local charity run by local people for the benefit of local patients and their families. Over 2,500 patients access our services each year. All of our services are provided free to patients and their families.

It costs over £6 million annually to run LOROS of which LOROS needs to raise over £4 million annually to fund these services and to provide development. The charity relies on the support of the local community and businesses in order to raise these vital funds.

Rainbows opened in 1994 and still is the only Children's Hospice in the East Midlands. Since then, hundreds of local life limited children and their families have been supported by us

Rainbows works alongside these families on the most difficult journey that anybody could undertake, providing a listening ear and somebody to talk to, as well as palliative care, symptom control, specialist respite and end of life care. One family described the Hospice as having 'a calm warm feeling about the place - without it we would struggle to carry on'

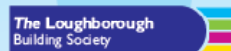
Children's Hospices UK is the national charity that gives voice and support to all children's hospice services. Our vision is for every child and young person who is not expected to reach adulthood to have access to the highest standards of children's hospice care and support close to home.

We help children's hospices to keep improving the care and support they provide to children and young people who are not expected to reach adulthood and their families. We raise awareness of the range of support available both within hospices and at home. We also raise funds to help children's hospices to keep providing a free service. We campaign and lobby on behalf of children's hospices, ensuring their voice is heard by government. For more information visit www.childhospice.org.uk

Macmillan Cancer Support improves the lives of people affected by cancer from the first day of their cancer diagnosis.

We all know someone who has been affected by cancer. And at Macmillan we believe we can all do something to help. Some charities fund research into the causes and treatment of cancer; others care for people with cancer in the last stages of their lives. Macmillan is different. We're a source of support for those living with cancer in the here and now and provide emotional, physical and financial support for people from the moment they suspect they have cancer. And we support their families, friends and carers too.

Together, we hope to raise vital funds to improve the lives of those in your local communities who are living with cancer. We aim to reach everyone affected by cancer and you will play a really important role in helping us achieve that.



THE GREAT LOUGHBOROUGH Santa fun run 09

SUNDAY 6TH DECEMBER

Start 11am, Loughborough University Running track | 6km route suitable for all abilities

FREE SANTA OUTFITS

Raise money for LOROS | RAINBOWS | MACMILLAN CANCER SUPPORT | CHILDREN'S HOSPICES UK & Other local Rotary charities | FREE T-shirt to all runners who raise £25

To enter www.raceentry.co.uk or contact David Hollins 01162 290495



Rotary Club of LOUGHBOROUGH

THE GREAT LOUGHBOROUGH Santa fun run 09

DATE	Sunday 6th December 2009
START VENUE	Loughborough University Running Track
START TIME	11.00 am for runners, 11.02 for teams, 11.04 for the rest of the entrants. Runners and entrants who can complete the 6km course in less than 30 minutes. The split starting times are for safety reasons when crossing Epsal Way. A warm up will take place on the track from 10.40 am
ROUTE	Circular, mainly flat and suitable for all abilities. The 6km route from the running track will pass through the campus across Epsal Way, through Loughborough College to Radmoor Rd, York Rd, William St, Queens Park, Packe St, Market St, Market Place, Wards End, Forest Rd, return across Epsal Way to finish on the running track.
PARKING	Adequate free parking on the Loughborough University campus. Car parks will be signposted
TO ENTER	www.raceentry.co.uk from 14th September 2009 to register and pay entry fee, or complete and return the entry form with the entry fee to Santa Fun Run Entry, 3 Black Lane, Walton on the Wolds, Loughborough, Leics, LE12 9HN
INFORMATION	e-mail contact David Hollins david.hollins@nbtworld.com Telephone David Hollins 01162 290495 Organiser Dick Howard 01530 245379 Media Tray Mellor 01509 880411 Entry forms
CHARITIES	LOROS, Rainbows, Macmillan Cancer Support, Children's Hospices UK, and other local Rotary charities
TEAMS	Teams shall ideally comprise a minimum of 8 runners. Each team will need to run with a group identity which must have a festive theme. The winning team will receive the Balesman Brewery Cup. If your team wish to support a specific charity please specify clearly on the entry form. Teams pay a reduced entry fee but are expected to raise sponsorship money as a team, or individually
MEDALS	All entrants will receive a medal on completion of the course.

ENTRY DETAILS AND SAFETY

FEE	Adult £12, child under 16 years £6. Team members, adult £10 child £5. Fee includes a free Santa suit inclusive of cap and beard. Childs size up to the age of 12 available. Children must be accompanied by an adult at all times on the course. Please make cheques payable to "Rotary Club of Loughborough" No refunds for cancellations or no shows.
GIFT AID	If you pay by cheque tick the "GIFT AID" box. This enables us to reclaim 28p for every £1 donated. Please make sure your sponsors also tick the "GIFT AID" box as well on the sponsor form. Also it is important that each sponsor gives their full HOME address and postcode, if this is not completed the Inland Revenue will not agree to GIFT AID.
CONFIRMATION and COLLECTION	If applying by post, please include a SAE for confirmation and receipt. If you apply online, you will receive an email confirmation. Either receipt or confirmation, will enable you to collect your Santa costume as from 9.00am on the day, Sunday 6th December 2009 from the collection points located in the car parks, or at the running track pavilion.
EARLY COLLECTION	Costumes will be available for collection from Loughborough Building Society, 6 High Street, Loughborough, LE11 2QB, or Alcock and Grievas Architects Ltd, 11 Leicester Road, Loughborough LE11 2AE, between 12.00 midday and 4.00pm, Monday to Friday, on production of a receipt as from Monday, 23rd November 2009.
ROAD SAFETY	All the roads used will be controlled by the Police, and assisted by Route Marshals. Please note that only the Police have the authority to control and stop traffic.
YOUR SAFETY	Attached to this entry form is a tear off portion to record your medical details, if appropriate. Please carry this with you in the pocket of your Santa suit which can also carry your car keys, mobile phone etc.
SPONSORSHIP	To help support LOROS, Rainbows, Macmillan Cancer Support, Children's Hospices UK and other local Rotary charities, we request each entrant to raise a minimum of £10 sponsorship. If you collect over £25 you will receive a free Santa Fun Run T shirt. These T shirts are not manufactured until sponsor money has been received and typically will be despatched around mid March. Sponsorship money must be collected and paid to us by 31st January 2010. Although teams may nominate their own charity, all sponsorship must be paid to the Rotary Club of Loughborough who will obtain gift aid and distribute the total funds directly to your chosen charity.
SECURITY	There will be a secure area to leave your possessions in the Pavilion.



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START TIME 11.00 am for runners, 11.02 for teams, 11.04 for the rest of the entrants. Runners are entrants who can complete the 6km course in less than 30 minutes. The split starting times are for safety reasons when crossing Epinal Way.
A warm up will take place on the track from 10.40 am

ROUTE Circular, mainly flat and suitable for all abilities. The 6km route from the running track will pass through the campus across Epinal Way, through Loughborough College to Radmoor Rd, York Rd, William St, Queens Park, Packe St, Market St, Market Place, Wards End, Forest Rd, return across Epinal Way to finish on the running track.

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INFORMATION e-mail contact David Hollins david.hollins3@ntlworld.com
Telephone David Hollins 01162 290495 Organiser
Dick Howard 01530 245373 Media
Tony Mellor 01509 880411 Entry forms

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Fee includes a free Santa suit inclusive of cap and beard. Childs size up to the age of 12 available. Children must be accompanied by an adult at all times on the course.
Please make cheques payable to "Rotary Club of Loughborough"
No refunds for cancellations or no shows.

GIFT AID If you pay tax please tick the "Gift Aid" box. This enables us to reclaim 28p for every £1 donated. Please make sure your sponsors also tick the "Gift Aid" box as well on the sponsor form. Also it is important that each sponsor gives their full HOME address and postcode, if this is not completed the Inland Revenue will not agree to Gift Aid.

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PLEASE DETACH ALONG DOTTED LINES

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ENTRY FORM

Adult £12 Gift Aid Team Adult £10 Gift Aid
 Child (u16) £6 Team Child £5

If you are a UK taxpayer please tick the gift aid declaration box to enable the Rotary Club of Loughborough to reclaim the tax.

Cheques payable to 'Rotary Club of Loughborough'

Send to The Great Santa Fun Run, 3 Black Lane, Walton on the Wolds, Loughborough, Leics LE12 8HN

Each participant should complete and sign a separate form. Do encourage family and friends to enter. Photocopy this form as required.

Full Name Team Name

Sex: Male/Female (Please delete as appropriate)

Address:

Postcode:

Telephone Number: Email:

Will you be able to raise sponsorship? Yes No

Please tick the charity you wish to support:
 LOROS RAINBOWS CHILDREN'S HOSPICES UK MACMILLAN CANCER SUPPORT ROTARY CHARITIES EQUALLY TO ALL

Charity of your choice (teams only) please specify

I declare that I am medically fit to run and that I enter entirely at my own risk. I understand that the organisers cannot be held responsible for any injury or illness, incurred during or as a result of 'The Great Loughborough Santa Fun Run 2009' or for any property lost, stolen or damaged. I agree to abide by the Highway Code, the Country Code and the Event Rules as displayed at the venue.

Signed..... Date.....

MEDICAL RECORD

It is your responsibility to complete this form and carry it on your person during the event.
This is important if you have a medical condition.

Please take this with you in the pocket of your Santa Suit which can also carry other small items such as car keys, mobile phone, etc.

Full Name Next of Kin

Contact Details:

Postcode:

Telephone Number:

MEDICAL PROBLEMS (eg Heart disease, asthma, diabetes, etc.)

CURRENT MEDICATION

MEDICATION ALLERGIES

ANY OTHER DETAILS